

YOUTH PROGRAM LIBRARY

The *Youth Program Library* contains an array of books, videos and CD ROMS. This material is available for use to Guard members, their families, and Family Readiness Groups. **Contact the Youth Program Coordinator at 1-888-301-3103 Ext# 7290 for more information or to request a resource.**

BOOKS
Knowing about Eating Disorders
Knowing about Growing up Male
Knowing about Growing up Female
Knowing about S.T.D's
Knowing about Stepfamilies
Knowing about Teen Suicide
Your Parent's Divorce
Becoming a Parent
The Single Parent Handbook
Questions Parents of Infants Ask
Questions Parents of Preschoolers Ask
Stepfamilies – Understanding the Adjustments, Challenges and Reward
Child Care Handbook – A Parent's Guide
How to help your Child Succeed in School
Ten Everyday Math Activities for Parents and Kids
Keeping your Teenager Safe
Internet Safety – A Guide for Families with Children and Teenagers
Applying to College – A Guide for Students
VIDEOS
The Effects of Deployment on Children by Devens ACS 112:00
Dealing with Bullies, Troublemakers & Dangerous Situations
Getting along with Parents
Inhalants: No Christmas Story Video
Letters From the Heart by the NG Family Program
Marijuana: Too Much is Not Enough
Prejudice – The Monster Within
Self Image – The Fantasy, The Reality
Teen Guide to Setting and Achieving Goals
Ten Ways to Be The Best You Can Be